DRUG EDUCATION

TITLES AVAILABLE IN THE MEDIA LIBRARY

LEGAL BUT DEADLY: ABUSING PRESCRIPTION DRUGS  DV 244
EVERYTHING YOU NEED TO KNOW ABOUT PRESCRIPTION AND OTC DRUGS IN 22 MINUTES  DV 2104
PRESCRIPTION DRUGS UPDATE  DV 1585
LEGAL BUT DEADLY: ABUSING PRESCRIPTION DRUGS  DV 244
HEROIN RISING: CHEAP, ADDICTIVE AND DEADLY DV 2104
ADDICTED DV 2
ABUSING OVER THE COUNTER DRUGS DV 237
MOLLY: INNOCENT NAME, DEADLY DRUG DV 2099
THE NEW MARIJUANA: HIGHER POTENCY: GREATER RISKS DV 1587
THE DANGER ZONE: STEERING CLEAR OF DRUGS  DV 238
BATH SALTS: THE DEADLY FACTS  DV 1628
EVERYTHING YOU NEED TO KNOW ABOUT DRUGS AND THE TEEN BRAIN DV 1939

DRUG AWARENESS
ABUSING OVER THE COUNTER DRUGS  
**DV 237  DVD, JH, 20 min., HUMAN RELATIONS MEDIA, 2004**
This program explores the most common abuses of OTC drugs and shows the chemical, biological and psychological damage that can result from abusing these ordinary drugs. Particular attention is paid to DXM, the powerful medication linked to recent deaths of young people across the country. DXM is a legal drug found in many OTCs, but it has the same qualities as drugs considered much more dangerous like heroin. The cold tablet form of this drug is the basis of a new and dangerous form of OTC drug abuse called skittling, which can also result in coma or even death. The dangers of this kind of abuse are brought home through the tragic story of Jennifer Darling, a high school student whose apparent experimentation with the drug was a cause in her own death.

**ADICTED DV 2  DVD, IJ, 120 min.,**
Includes two titles: Amanda - a 31 year old alcoholic and heroin addict. She is jobless, homeless and on probation. At their wits end and with no where else to turn, her parents contact Kristina for help in getting their daughter's life back on track. Klea is a 19 year old meth addict who has turned to prostitution in order to support her habit. With Kristina’s help, Klea must face the demons in her past and escape her downward spiral before it ends in complete self-destruction.

**ATHLETES, ALCOHOL AND STEROIDS: WHAT'S WRONG WITH THIS PICTURE? DV 323  DVD, JH, 23 min., HRM, 2006**
New research has indicated that school athletes, both male and female, are at a greater risk of abusing alcohol and steroids than non-athletes. The program explains why the risk is greater (media images, advertising alcohol with sports events, peer pressure), and how knowledge about the problem can be a first step in reducing athletes’ alcohol and steroid use. Interviews with coaches, teens and professional athletes highlight the problem and emphasize how alcohol use undermines sports success. The medical health deficits of steroids are clearly presented.

**BABIES CAN'T SAY "NO": SUBSTANCE ABUSE DURING PREGNANCY DV 2129  DVD, JH, 23 min., AIMS MULTIMEDIA, 2002**
This program shows how a pregnant woman’s use of alcohol, tobacco, and other drugs may severely harm the fetus, causing miscarriage or premature birth. It explains that an infant who survives an alcohol-soaked pregnancy is often born with Fetal Alcohol Syndrome, a group of serious physical and neurological birth defects—and the most common cause of mental retardation.

**BATH SALTS: THE DEADLY FACTS DV 1626  DVD, JHA, 19 min., HUMAN RELATIONS MEDIA, 2012**
Bath salts are the newest drug scourge to hit the US. They are currently available online, in gas stations and convenience stores across the nation. In the first few months of 2011, poison control centers nationwide reported a record-breaking increase in ER visits related to bath salts. This program gives viewers the hardcore truth about this highly addictive substance which causes intense paranoia, psychosis and suicidal thoughts. A drug abuse expert who treats young people in the grips of bath salt addiction speaks bluntly about this methamphetamine-like drug. The gut-wrenching story of Jarrod Moody, a young man who took his own life after a binge on bath salts caused him to spiral out of control, makes a powerful case against experimenting with bath salts.

**CHEMICAL HIGHS: THE DANGERS OF SYNTHETIC DRUGS DV 2181 DVD, JHA, 19 min., HUMAN RELATIONS MEDIA, 2016**
This program offers a sobering view of what happens when young people experiment with synthetic drugs like Flakka, K2, Molly, and Bath salts. Substance abuse counselors, medical doctors, and former addicts all explain the dangers of synthetic drugs. Viewers learn that these synthetic drugs impact the brain, induce horrifying hallucinations and paranoia, and ultimately lead addiction and even death. The video program and accompanying Teacher’s Resource Book deliver a powerful and clear "no use" message. Includes student handouts and pre/post tests in digital format.

**HOWADDICTION HIJACKS THE BRAIN DV 2176, DVD, JHA, 24 min., HUMAN RELATIONS MEDIA, 2016**
This program drives home the message that drug addiction is a disease of the brain and that teens are at highest risk for acquiring this disease. Leading scientists detail how drugs like heroin, nicotine, cocaine and marijuana change the brain, subvert the way it registers pleasure and corrupt learning and motivation. Young recovering addicts provide a human face to the effects of drugs and alcohol as they describe how addiction involves intense craving for a drug and loss of control over its use. Viewers also learn that the brain’s plasticity...or ability to change...offers hope for addicts that they can turn their lives around. Includes Guide with student activities, pre/post test, fact sheets and learning objectives.
CONSEQUENCES OF DRUG ABUSE  SK 531

Study Kit, JH, HEALTH EDCO, 2003

This detailed display shows what actually happens to the body when drugs are abused. Life-size 3-D models of the body's organs are graphic and accurate. Brief descriptions make this educational tool ideal for health fairs, clinics and schools. Comes within a wooden carrying case. Includes one guide.

DANGERS OF INHALANTS FOLDING DISPLAY SK 664

Study Kit, JH, HUMAN RELATIONS MEDIA

This folding display uses vivid graphics and hard-hitting information to communicate the facts about inhalants to students from elementary through high school. Bright illustrations are combined with text to emphasize the short- and long-term effects of inhalant abuse. Includes true stories of teens who died after experimenting with these toxic substances. The folding display presents a powerful no-use message, and offers suggestions for how young people can get involved in the fight against these harmful poisons.

DRUG-AFFECTED DEMONSTRATOR & FETAL ALCOHOL SYNDROME MANIKIN SK 532

Study Kit, JH, REALITY WORKS, INC, 2006

The kit includes 2 dolls to be used by teachers for class demonstrations. The Fetal Alcohol Syndrome manikin shows teens what can happen when a pregnant woman chooses to drink and a fetus is exposed to alcohol. The Drug-Affected Demonstrator (doll) shows how drug abuse during pregnancy can affect an infant. To demonstrate realistic crying and tremors of a real drug-affected infant, the Demonstrator will cry and tremble following a fixed schedule when activated. Printed materials provide hands-on activities and worksheets. Videos include: Fetal Alcohol Syndrome and Other Drug Use During Pregnancy and National Teen Summit on Alcohol and Pregnancy. Additional title available to order: DV 2129 Babies Can't Say No: Substance Abuse During Pregnancy.

THE DANGER ZONE: STEERING CLEAR OF DRUGS

DV 238, PI, 15 minutes

Includes three titles: ALCOHOL, TOBACCO AND MARIJUANA, - using animation as well as dramatic vignettes, shows that illegal substances damage the growing and developing brain and the body; DANGERS IN YOUR HOUSE - points out the differences between a doctor's prescribed medication for another family member and the dangerous consequences of taking other peoples medication; THE POWER OF NO - focuses on 4 short dramas in which elementary children are confronted with a decision on whether to try a substance or choose not to try it and get help from an adult. Scenarios involve alcohol, tobacco, cough syrup and air freshener. Learning refusal skills can save your health as well as your life.

DANGERS OF INHALANTS FOLDING DISPLAY

SK 664 Grades: 4-10

Consultant: Wanda Hauser, CESAR (Center for Substance Abuser Research), University of Maryland. This folding display uses vivid graphics and hard-hitting information to communicate the facts about inhalants to students from elementary through high school. Bright illustrations are combined with text to emphasize the short-and long-term effects of inhalant abuse. Includes true stories of teens who died after experimenting with these toxic substances. The folding display presents a powerful no-use message, and offers suggestions for how young people can get involved in the fight against these harmful poisons.
EVERYTHING YOU NEED TO KNOW ABOUT DRUGS

DV 1939, JH, 22 minutes

Using the latest research, this fast-paced program explains why the teen years are a critical time for brain development and why drug use of any kind can derail the brain's full potential when it comes to critical skills like thinking, remembering, learning and decision making. Viewers learn the anatomy of the brain and visit a state-of-the-art research lab to see clinical proof of the damage that drugs and alcohol cause. Students also learn the basic functions of the brain, the role of dopamine in the brain’s reward pathway and how drugs impact that pathway, leading to addiction. Includes: Video, plus teacher’s resource book, student handouts and pre/post tests in digital format.

EVERYTHING YOU NEED TO KNOW ABOUT PRESCRIPTION AND OTC DRUGS IN 22 MINUTES DV 2104

DVD, JHA, 22 min., HUMAN RELATIONS MEDIA,

This fast-paced video for teens dramatizes how prescription and over-the-counter drugs can be just as potent and addictive as illicit drugs like cocaine and heroin. We take a close look at the do’s, don’ts, and dangers of these medicines including the potentially deadly impact of drugged driving. Students learn how abuse of OTC drugs can lead to addiction, overdose and even death. They also learn to read and heed warnings against mixing medicines together and that drugs should only be used by the person for whom they are prescribed. Includes: video, plus teacher’s resource book, student handouts and pre/post tests in digital format.

GO ASK ALICE AU 322

Playaway, Audio, H, 300 min., RECORDBK,

R.L. 5.6 Grades 9-12 A fifteen-year-old drug user chronicles her daily struggle to escape the pull of the drug world. Includes single copy book title. Anonymous

HEROIN RISING: CHEAP, ADDICTIVE AND DEADLY

DV 2100, DVD, JHA, 20 min., HUMAN RELATIONS MEDIA,

Teen heroin use is on the rise again. Heroin use can result in significant health problems including overdose and death; and, if sharing needles or other injection equipment, exposure to HIV, hepatitis C, and other diseases. SAMHSA reports, “heroin is a highly addictive opiate with a large potential for abuse. It is a danger to teens, resulting in serious psychological, social, educational and legal consequences.” This program interviews recovering heroin addicts to tell their cautionary stories... When, how, and why did they start taking heroin? What damage did it do to their bodies and lives, how hard is it to stay clean? How many friends have OD’d on heroin? Drug abuse counselors add their advice and guidance on how to avoid this deadly drug. Includes teacher's resource book, student handouts and pre/post tests in digital format.

INHALANT ABUSE: ONE HUFF CAN KILL DV 2168

DVD, IJ, 20 min., HUMAN RELATIONS MEDIA, 2016

This gripping program shares unforgettable real stories of teens fighting their abuse of inhalants (huffing), as well as two families who lost children to inhalant abuse. Another interview segment involves an Ohio police officer, Jeff Williams, whose son died after a brief experiment with inhalants. In between these true stories, a group of teens talk directly to viewers addressing the addictive nature of inhalants and clearly outline the damage these toxic chemicals cause to the brain, heart and lungs. The accompanying teacher’s resource book provides additional follow-up assignments and reinforces the program’s powerful never use message. Includes video, plus teacher’s resource book, student handouts and pre/post tests in digital format.
INHALANTS EXPOSED DM 2175
DVD, IJ, 15 min., HUMAN RELATIONS MEDIA, 2000

This program addresses a dangerous and often tragic practice among young people-sniffing fumes of household products to get high. This video presents facts and authentic stories about the terrible consequences of “huffing”. Students will hear first hand accounts of how young people suffered seizures, blindness, respiratory arrest and death from inhaling substances such as cleaning fluid and air freshener. The print materials reinforce the message that the warning labels on products in the home are there for a reason and ignoring them can be deadly. Includes video, teacher’s resource book, student handouts and pre/post tests in digital format.

LEGAL BUT DEADLY: ABUSING PRESCRIPTION DRUGS DV 244
DVD, JH, 20 min., HUMAN RELATIONS MEDIA, 2004

Prescription drugs like OxyContin, Ritalin, Vicodin, Xanax and codeine based cough syrup are making headlines around the nation as teens continue to abuse these legal drugs by crushing the pills and snorting or injecting the powder or drinking the liquid. Studies continue to offer evidence of an emerging problem with OxyContin and Ritalin addiction among young people. Sadly, too many teens don’t realize how dangerous their experimentation can be. This timely video highlights several recent cases of teens that became addicted to prescription drugs and the resulting consequences. Program highlights kids false beliefs about these drugs and the all too common belief that because these drugs are prescribed they are therefore safe. On camera physicians also describe the severe side effects of prescription drugs and how these drugs seriously compromise the brains functions.

MOLLY: INNOCENT NAME, DEADLY DRUG DV 2099
DVD, JHA, 16 min., HUMAN RELATIONS MEDIA,

Molly, a pure form of Ecstasy or MDMA, is the new, hot drug of choice for many young people who falsely believe the drug is safe. Often handed out at raves and cut with a variety of dangerous substances, Molly is exposed as the grave danger that it really is. Interviews with former Molly users and drug abuse experts drive home the message that taking Molly is playing Russian Roulette with your life. Includes teacher’s resource book, student handouts and pre/post tests in digital format.

THE NEW MARIJUANA: HIGHER POTENCY: GREATER RISKS DV 1587

Digital Media, JS, 15 min., HUMAN RELATIONS MEDIA, 2010

The potency of THC, the mind-altering chemical in marijuana, has more than doubled in the last twenty years creating a greater risk for impairment and a far higher risk of addiction. This program presents viewers with up-to-date information on THC potency and looks at how THC affects the brain, how you become addicted, how marijuana impacts brain chemistry, cognitive function as well as mental and physical health.

OPIOIDS EPIDEMIC: HOW I BECAME A HEROIN ADDICT

DV 2169 Grade level: 7-College 22 min.

With approximately 28,000 overdose deaths a year it’s very clear that America has a serious opioid problem. Add to that the recent sudden death of megastar Prince to a Fentanyl overdose and the dimensions of the problem only seem to get worse. This video and print package looks at the opioid epidemic through the eyes of 4 recovering young addicts Jesse, Peter, Cindy and Sam. By revealing their stories, viewers will learn how quickly and easily it is to transition from pain killer pills to shooting up heroin. The young users talk about how they stole money from their friends and family members to feed their habit. Two of them, Peter and Sam attempted suicide. They also talk about hope-hope not to use again-hope to get through the pain of detox, and the hope of a better, sober life ahead. Video and print curriculum delivers a strong no-use message. Video, plus teacher’s resource book, student handouts and pre/post tests in digital format.
OPIOIDS EPIDEMIC: HOW I BECAME A HEROIN ADDICT \textit{DV 2169}

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THE OVERDOSE EPIDEMIC: WHAT CAN BE DONE TO STOP IT? \textit{DV 2101}

DVD, JHA, 20 min., HUMAN RELATIONS MEDIA,

The spike in drug overdose is alarming and dangerous—it has become an epidemic in many communities across the country. This program takes a hard look at drug overdose from three points of view—an ER doctor, a pharmacologist, and several teens who have overdosed and lived to tell about it. Viewers learn the most lethal drug overdose happens when users combine various drugs that can cause almost instant death. The program includes vital information on how to recognize drug overdose in others and how to get immediate help. Includes teacher's resource book, student handouts and pre/post tests in digital format.

PRESCRIPTION DRUGS UPDATE \textit{DV 1585}

Digital Media, JS, 17 min., HUMAN RELATIONS MEDIA, 2010

This program introduces a diverse group of young people who share their experience about their prescription drug abuse addictions and the consequences they have suffered. The participants abused various Rx drugs, pain relievers (OxyContin and Vicodin), depressants (Xanax and Valium) and stimulants (Concerta and Adderall). The stories of their descent into addiction and destructive life choices powerfully make the point that experimenting with pharmaceuticals recreationally, without a doctor's supervision is a prescription for danger. Viewers will be gripped by the programs strong no-use message delivered by teens who admit they did not realize how powerful these drugs were until it was too late.

RACHEL'S STORY \textit{DV 1049}

DVD, H, 22 min., Landmark, 2007

Rachel's Story is an extraordinary and highly acclaimed film, which tells the story of Rachel Whiear, told by her mother, father, sister and a close friend. The film is a very honest portrayal of how drug misuse can have far reaching consequences for both the drug user and their close family and friends.
**Some Digital Streaming Titles Available on SNAP**

**Drugs and Health** *learning modules, interactive, Primary - Intermediate, Learnetic, 2016*

In this lesson, students will learn the main types of legal and illegal drugs. Students will review the dangers of the most commonly abused drugs, and consider how drug abuse can affect human health.

**Bath Salts and Other Synthetic Drugs Think About It**

Streaming video, Intermediate - College/Adult, 18 min., Films Media Group, 2013

Total memory loss of recent events. Hallucinations of monstrous proportions. Horrific violence that has even been known to include cannibalism. Filmed with a primary focus on "bath salts" (synthetic cathinones), this video examines readily available designer drugs that can produce powerful highs while exposing the immensely damaging effects such chemicals cause to the brain and other organs when ingested. A police officer, a toxicologist, an addiction counselor, and a recovering addict talk seriously and frankly about substance abuse and its life-wrecking effects in a way that will make viewers take notice, while a what-if dramatization of a young teen who dies of a bath salts overdose will leave viewers thinking about the power of peer pressure - both face to face and via texting.

**Carrie's Story: Part 2 - The Nightmare of Club Drugs**


Watch this story about how a night out turns into a nightmare when a teen girl overdoses on club drugs. See how drug use permeates the club scene. Understand the potentially deadly effects of illegal drug use.

**Too Much Caffeine Was Fatal for 16-Year-Old Coroner Says**

*video, Intermediate - College/Adult, 00:01:59, NBC Nightly News, Lester Holt/Kerry Sanders, 2017*

A healthy 16-year-old collapses and dies after consuming a large diet soft drink, a cafe latte, and an energy drink, giving him a heart arrhythmia. The American Academy of Pediatrics recommends that adolescents, age 12 to 18, should not consume more than 100 milligrams of caffeine per day. This story may not be suitable for younger viewers.

**Effects of Weed on Your Body and Brain: Talk it Out** *video, Junior High - Senior High, 00:13:13, Mazzarella Media, 2016*

Using vintage footage, the program opens with a discussion of how peoples attitudes about marijuana have changed dramatically over the years, but the one thing is certain; marijuana changes the way the brain functions. Students will learn that legal drugs, such as medicines, are used to ease the symptoms of sickness, cure diseases, and/or prevent and control illness. Viewers will come to understand that tobacco and alcohol are recreational drugs that are only legal for adults to use, and that legal does not mean the drug is safe. In addition, the program discusses the harmful short and long-term effects of abusing tobacco and alcohol. The program then focuses on illegal drugs including marijuana, cocaine and heroin and how each can permanently damage your body and brain.

**Heroin, Abuse and Addiction: Talk it Out** *video, Junior High - Senior High, 00:12:32, Mazzarella Media, 2016*

This program begins with a discussion about how our instincts drive us to avoid pain or remove pain from our lives. From this perspective, the video explains the difference between healthy and unhealthy approaches to getting rid of pain. Students will learn about prescription opioids and the potential risk of addiction that is identified by two key components, tolerance and withdrawal. The program then targets the short and long term effects of heroin use, and explains how it harms various body systems. Students will come to understand that heroin addiction goes beyond physical dependence, and that once addicted to heroin, a persons primary goal in life is to find and ingest the drug. Learning Objectives: After viewing this program, students will: understand that marijuana changes the way the brain functions learn the immediate effects of marijuana use on various body systems. The program discusses the effects of marijuana on attention, memory and learning and sites the evidence from scientific studies on the long-term, harmful changes in the brain. In addition, the program explores the use of medical marijuana and its legalization as a recreational drug in different states. Learning Objectives: After viewing this program, students will: understand that marijuana changes the way the brain functions learn the immediate effects of marijuana on the body systems understand marijuana has negative effects on attention, memory and learning learn that marijuana is a drug that can be prescribed for medical purposes recognize that marijuana is an illegal recreational drug.
Learning about Opioids Lesson | Tragedy & Hope: Stories of Painkiller Addiction
media gallery, Intermediate - Senior High, 00:06:44, WNED-WBFO, 2014
In this lesson, to be used with the program Tragedy & Hope: Stories of Painkiller Addiction, students, guardians, parents, and teachers learn the names of a some prescription opioid drugs and what effects they have on the body.

Heroin Hits Home
Streaming video, Senior High - College/Adult, 00:45:00, Films Media Group, 2011
Riveting real-life television, Intervention explores the lives of people dependent on drugs, alcohol, or other destructive behaviors and the people who intervene to save them. This episode takes us to South Boston, where OxyContin - a painkiller and trendy drug - is the drug of choice for kids. But when this use became an expensive addiction, a cheaper and more deadly replacement was found: heroin. This documentary details the heartbreaking and dangerous effects heroin has on users and their families.

Kids and Heroin A Wake-Up Call to Parents
Streaming video, Junior High - College/Adult, 00:39:00, Films Media Group, 2012
I'm literally rotting... there's nothing I can think of that's good in my life, says Ashley, who smokes as many as 100 hits of heroin a day and is barely out of her teens. For eight months, ABC News producers followed Ashley and two other heroin abusers through the agony of addiction. Dylan, a rehab veteran, has three younger brothers who openly fear for his life. Justin is even more at risk: he struggles alone, thousands of miles away from his family. Meanwhile, with Ashley braving treatment for the first time, her parents must examine their own muddled roles as enablers and protectors. What may surprise some viewers is that these stories take place far from the inner city-they represent suburbia's children, a demographic falling victim to substance abuse as never before.

The Substance in Question
Streaming video, Senior High - College/Adult, 00:36:00, Films Media Group, 2013
This British program explains the major illegal drugs of misuse, examining the following four groups: stimulants (amphetamines, cocaine, and crack), hallucinogenics (LSD and Ecstasy), hypnosedatives (barbiturates and tranquilizers), and opiates (heroin). The program also examines cannabis. In the case of each drug, the program provides a factual introduction and a guide to short- and long-term effects. Drug users offer their candid insights into their attraction to specific substances, and a medical professional and substance abuse expert provides an explanation of the relative dangers of each individual drug.

Marijuana: Let's Talk About video, Primary - Intermediate, 00:07:59, Mazzarella Media, 2016
Some people use marijuana for medical reasons. Many more use it for recreational purposes. Its legal in some states and illegal in others. This program is designed for young learners and presents information about what marijuana is and how it effects the normal functioning of your body, especially your heart, lungs and brain. Students will come to understand that people who use marijuana have difficulty with their memory, find it hard to concentrate, and have problems learning. Learning Objectives: After viewing this program, children will: understand that marijuana changes the way the brain works learn the immediate effects of marijuana on your body and brain understand marijuana impairs a persons ability to concentrate and learn learn that marijuana prescribed for medical purposes is legal recognize that marijuana is an illegal recreational drug

Why Is Vaping So Popular? | Above the Noise video, Intermediate - Senior High, 2018
Smoking may be at near-record lows, but vaping remains popular. Among high school seniors, nearly than 1 in 3 admitted to using some type of vaping product. Vaping is the act of inhaling and exhaling the vapor produced by an e-cigarette or similar device. The term is used because e-cigarettes do not produce tobacco smoke, and instead produce a vapor that consists of fine particles. So, why is vaping so popular and is it a healthier alternative to smoking cigarettes? Have your students watch the video and respond to the question in KQED Learn.

One Decision | Understanding Opioid Addiction video, Junior High - Senior High, 2018
This documentary, created by an Eagle Scout candidate, examines opioid addiction from the viewpoint of health professionals, two recovering addicts, and the parent of an addict. Preview film, contains material that may be sensitive for some students.