ALCOHOL-RELATED PROGRAMS

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EDUCATIONAL MEDIA LIBRARY

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ADDICTED - KEVIN DV 3, 60 minutes
Kevin is a 26 year old alcoholic who has alienated his friends and family with his downward spiral of drinking. In addition to his alcoholism, Kevin is also a diabetic, making his addiction all the more dangerous.

ADDICTED, DV 2, IJ, 120 minutes
Includes two titles: Amanda - a 31 year old alcoholic and heroin addict. She is jobless, homeless and on probation. At their wits end and with no where else to turn, her parents contact Kristina for help in getting their daughter's life back on track. Klea is a 19 year old meth addict who has turned to prostitution in order to support her habit. With Kristina's help, Klea must face the demons in her past and escape her downward spiral before it ends in complete self-destruction.

ATHLETES, ALCOHOL AND STEROIDS DV 323 / VI 6117, JH, 23 minutes
New research has indicated that school athletes, both male and female, are at a greater risk of abusing alcohol and steroids than non-athletes. The program explains why the risk is greater (media images, advertising alcohol with sports events, peer pressure), and how knowledge about the problem can be a first step in reducing athletes' alcohol and steroid use. Interviews with coaches, teens and professional athletes highlight the problem and emphasize how alcohol use undermines sports success. The medical health deficits of steroids are clearly presented.

BUZZ IN A BOTTLE: THE DANGERS OF CAFFEINE-SPIKED ENERGY DRINKS DV 1524 / DM 20841, IJH, 17 minutes
With the lure of an over-the-counter jolt, kids are consuming more energy drinks than ever before and in many cases mixing them with alcohol. Through vivid interviews with teens and health experts, the video describes the many physical effects that these concoctions have including dizziness, fainting, heart palpitations, caffeine poisoning, headaches, fatigue, diminished concentration, anxiety, insomnia, shaking, nausea, and high blood pressure.

THE DANGER ZONE: STEERING CLEAR OF DRUGS DV 238, PI, 15 minutes
Includes three titles: ALCOHOL, TOBACCO AND MARIJUANA - using animation as well as dramatic vignettes, shows that illegal substances damage the growing and developing brain and the body; DANGERS IN YOUR HOUSE - points out the differences between a doctor's prescribed medication for another family member and the dangerous consequences of taking other peoples medication; THE POWER OF NO - focuses on 4 short dramas in which elementary children are confronted with a decision on whether to try a substance or choose not to try it and get help from an adult. Scenarios involve alcohol, tobacco, cough syrup and air freshener. Learning refusal skills can save your health as well as your life. Also see VI 5605, VI 5606, VI 5607.

DEGRASSI, THE NEXT GENERATION –Season 2, Disc 3, DV 449, JH
Episodes: 216-222. MESSAGE IN A BOTTLE - (alcohol) Sean feels unwanted and starts drinking. He shows up at a party drunk and embarrasses himself. RELAX - Liberty can't believe she did not make the girls hockey team but was asked instead to be team manager; Terri reads Paige's palm and believes Paige is dying due to her short life-line on her palm. DRESSED IN BLACK - (sexual intercourse) JT convinces Toby to buy a condom in case he has sex with Kendra. FIGHT FOR YOUR RIGHT - (theft, student protests) Spinner steals Jimmy's MP3 player due to jealousy about Mimmy's wealth. Emma is suspended for her protest against the school's genetically modified foods. HOW SOON IS NOW - (rape) Paige confronts Dean about the rape and decides to press charges. TEARS ARE NOT ENOUGH - (death) Craig's father hits him and then gets into a fatal accident. PART 2; After his father dies, Craig starts acting strangely and feels no sorrow.

DEGRASSI: THE NEXT GENERATION, Season 1-Disc 1, DV 445, JH
Episodes 1-8. MOTHER AND CHILD REUNION - (pedophilia) Emma meets an adult online posing as a teenager to win her affection; FAMILY POLITICS - (sibling rivalry) Conflicts develop between Ashley and stepsibling Toby. EYE OF THE BEHOLDER - (alcohol abuse; pornography; sexual attraction) Paige convinces Terri to get drunk so she can go out with Spinner; Toby and JT get caught looking at internet pornography; Emma develops a crush on Sean; PARENTS DAY - (divorce) Toby's divorces parents fight during a parent-teacher meeting; THE MATING GAME - (sexual attraction) Ashley and Jimmy decide they are not ready to have sex. BASKETBALL DIARIES - (attention deficit disorder) Jimmy takes Spinner's Ritalin medication to improve his basketball performance. SECRETES AND LIES - (sexual orientation) Ashley discovers her father is gay.
DRINKING GAMES, ALCOHOL ABUSE, AND OVERDOSE  DV 1628 / DM 20992, JH, 23 minutes
This hard-hitting program reveals the truth about teens that engage in drinking games and put themselves at risk for alcohol poisoning, overdose and death. Viewers hear the story of Scott, a smart, athletic fifteen year-old who died from alcohol poisoning after playing a popular drinking game at a friend's house. In another segment, Dr. O'Brien, an emergency room physician describes the harsh medical procedures that occur when a teen is brought to the hospital after binge drinking. Program also travels to a renowned research brain lab at the University of California, where brain scans clearly show the neurological damage that can occur when teens consume alcohol.

DRIVING STUPID  DV 2015, DM 21040
DVD, JH, 19 min., HUMAN RELATIONS MEDIA, 2014
This program dramatizes that most teens overestimate their driving skills and underestimate the risks involved in texting while driving, driving drowsy and driving under the influence. True to life stories accentuate these very real dangers. A young woman describes how a driver who was texting caused a crash that killed her parents and left her with severe injuries. Another teen describes falling asleep while driving and how the resulting crash left him wheel-chair bound for life. A trauma center nurse and a police officer describe the kinds of injuries they have seen for teenage victims of crashes due to alcohol and drugs. The film also shows teens participating in a driving skills program that safely exposes them to a variety of hazards and teaches them the importance of developing safe driving skills. Includes video, plus teacher’s resource book, student handouts and pre/post tests in digital format.

DRUGGED DRIVING: THE ROAD TO DISASTER  DV 1447 / DM 20764, JH, 25 minutes
Drives home the dangerous consequences of driving not only while under the influence of alcohol but other drugs as well. Students will learn the frightening facts of driving while under the influence and what to do in situations that could potentially lead to drugged driving. They will learn both how to recognize the signs of someone who is unfit to drive, and how to make smart choices before getting into a car. Includes guide.

DUI: THE HARD TRUTH  DV 914 / DM 20265, JH, 29 minutes
This program drives home the deadly consequences of driving while under the influence of alcohol or other illicit drugs, using hard-hitting stories to portray drugged driving as the danger it is. Each incident is told "live" in front of an audience of students, parents, teachers and medical professionals who add their expertise. Includes teacher’s resource book.

DUI: EVERY FIFTEEN MINUTES  DV 2136
DVD, JH, 11 min., AIMS MULTIMEDIA, 2001
A vivid reenactment shows the brutal aftermath of an alcohol-related car crash, the final destination for four teenagers on a Friday night.

LIFESTYLE DISEASES AND HOW TO AVOID THEM  DV 1450 / DM 20767, JH, 18 minutes
This program provides the latest information about certain lifestyle behaviors and how these behaviors can increase a person's risk for a variety of diseases. Two teen hosts explore how the choices made by young people today about smoking, alcohol use, their diet, inadequate sleep, how they deal with stress can have consequences 40 or 50 years into their future. The last segment of the program focuses on the many ways that students can take control of their life and decrease their own personal risks of lifestyle diseases. Includes guide.

SILENT VOICES, DV 2132, JH, 20 minutes
A powerful program that dramatically shows teens the dangers of drinking and driving. A realistic crash with attendant law enforcement, fire department, and EMT personnel brings to life the devastation caused by an automobile collision. Ultimately the teenage driver and his sister, who provided him with alcohol, are incarcerated for their actions.

STRAIGHT TALK; THE TRUTH ABOUT ALCOHOL AND SEX, DV 1530 / DM 20847, IJH, 18 minutes
Using a unique drama format combined with a documentary style, this video/print package memorably explores the all too common consequences of underage drinking and sexual misconduct. The drama centers around the aftermath of an underage drinking party, recreated through flashbacks of excessive drinking, loosened inhibitions, poor judgment and painful consequences.
STRONGER, TOUGHER, SMARTER; STORIES OF TEEN RESILIENCE  
**DV 2019, DM 21045**

_DVD, JH, 20 min., HUMAN RELATIONS MEDIA, 2014_

Program focuses on five stories of teens who prove that it is possible to bounce back from painful events and hard times. Viewers hear from a girl who learned to overcome an eating disorder and another girl who recovered from addiction to _alcohol_. A boy describes how seeking help from his grandmother helped him cope with his mother’s bout with cancer and a student demonstrates how meditation helped her deal with stress and depression. A psychologist offers specific advice on steps that anyone can take to build resilience, including seeking help and support from others, nurturing a positive self-image, looking for opportunities for self-discovery, and developing realistic goals. Includes: video, plus teacher’s resource book, student handouts and in digital format.

TALES FROM THE PROM: THE GOOD, THE BAD, AND THE UGLY,  
**DV 1531 / DM 20848, IJH, 23 minutes**

A teen’s prom can be one of the most memorable nights of a lifetime, as well as one of the most regrettable. Prom night often finds teens pressured to engage in underage drinking, illegal drug use, unprotected sex or more. This video turns its lens on a wide range of real teens and their prom experiences, from the most positive moments to events gone horribly wrong.

THE TOTALLY DISGUSTING ALCOHOL GROSS OUT VIDEO  
**DM 21067, DV 2103**

_Digital Media, JHA, 15 min., HUMAN RELATIONS MEDIA, 2012_

This devastating video, a brand new companion piece to our best-selling Totally Disgusting Gross Out Tobacco Video, will get students to think before engaging in underage drinking, illegal drug use, unprotected sex or more. Viewers will gain a thorough understanding of how _alcohol_ affects the body and the risks associated with _alcohol_ use. The program delivers a strong no-use message. Includes teacher’s resource book, student handouts and pre/post tests in digital format.

THE TOP TEN REASONS NOT TO DRINK ALCOHOL  
**DV 2152**

_DVD, JH, 16 min., HUMAN RELATIONS MEDIA, 2016_

Teen viewers will be riveted by the facts and information on this 10-point countdown. Just let the facts speak for themselves to understand the impact of _alcohol_ on teen lives: #10 Impaired Decision-Making, #9 Vision Impairment, #8 Memory Loss, #7 Long-term Brain Damage, #6 No Safe Amount for Teens, #5 Drinking to Get Wasted, #4 Legal Issues, #3 Addiction, #2 DUI, and #1 Death. The countdown is supported by the latest science and data, with an extensive teacher’s resource book, student handouts and pre/post tests in digital format.

TRUTH ABOUT DRINKING,  
**DV 2134, IJH, 36 minutes**

Alcohol kills more than five times the number of people killed by cocaine, heroin, and every other illegal drug combined. Yet for teenagers, alcohol is the number one drug of choice, and many consider it "cool" to drink as much as they can in social situations involving their peers. The comprehension of the consequences of drinking are expanded and reinforced; how drinking impairs a person’s coordination, vision, and reaction time; how the brain and other organs suffer lasting damage from alcohol use; how a drunk person really drives; and how drinking can lead to spending months in a rehabilitation center.

A 3-D display shows many of the physical consequences of alcohol abuse. Permanently mounted, life-size, hand-painted models are graphic and accurate. Each model is described in easy-to-understand terms. Display is contained within its own sturdy wooden carrying case. Includes guide.

SK 530
Alcohol Facts: Straight Up
*Streaming video, Intermediate - Senior High, 17 min., Sunburst Visual Media, 2005*
Watch this video exploration of teenage alcohol consumption. Hear how alcohol affects a teenager's thinking and behavior. Take a closer look at teen drinking and driving and uncover the impact on teens of an alcoholic parent.

Drinking Responsibly
*Streaming video, Senior High - College/Adult, 29 min., Films Media Group, 2006*
Alcohol, the most widely used psychoactive drug in the United States, contributes to approximately 100,000 deaths annually — fatalities that could very likely be prevented through education and treatment. This program is designed to promote a deeper understanding of the drinking problem in America, particularly among students on college campuses. The immediate and long-term behavioral and physiological effects of alcohol consumption are discussed as well, including blood alcohol concentration and alcohol absorption rates.

Real Life Teens Alcohol
*video, Junior High - Senior High, 00:19:00, Films Media Group, 2010*
This program discusses the effects and consequences of drinking alcohol. Subjects covered include the effects of alcohol; the risks involved with alcohol; alcohol use and peer pressure; the long-term health risks involved with alcohol; the parts of the body responsible for breaking down alcohol; alcohol abuse and dependency; the warning signs of alcohol dependency; and organizations that help with alcohol abuse and dependency. Correlates to all applicable National and State Educational Standards including the NCLB Act.

Sobering Facts The Risks of Alcohol Use
*Streaming video, Intermediate - College/Adult, 00:11:00, Films Media Group, 2012*
Alcohol use is so pervasive in our society that, sooner or later, every teen will face personal decisions about underage drinking. With a strength-based approach and an emphasis on making safe decisions, this program equips teens with important information about alcohol use, how it affects the brain, how it increases the likelihood of accidents and injuries, and how it can harm school performance, relationships, and health.

Done Drinking Getting Straight, Staying Sober
*Streaming video, Intermediate - College/Adult, 00:13:00, Films Media Group, 2012*
Alcohol addiction has a long-lasting effect on many individuals, as well as their families, friends, and supporters. Alcohol abuse is due to many interconnected factors; while it is not always easy to notice when the limit has been exceeded, it is especially difficult to admit it and seek help. In this compelling and hopeful video from Hazelden, teen alcoholics in recovery talk about why they started drinking, how alcohol took over their lives, what they did to get sober, and who they've become in recovery. The result is an honest look at what it means, and what it takes, for a teen to be done drinking.

Prevention Television Alcohol and Other Drug Prevention for Grades 3-5
*Streaming video, Intermediate - College/Adult, 00:18:00, Films Media Group, 2012*
Let's face it: pressure to drink alcohol or use other drugs starts before the teenage years. This program equips elementary school students with the age-appropriate information they need to make healthy choices, including what alcohol and other drugs do to a young person's body and brain; how friends can protect each other; and why it's important to talk with parents or other adults about alcohol and other drugs. The DVD version comes with a facilitator's guide containing background information, a session outline, and a reproducible parent newsletter.